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## Insurance Benefit Checklist

The following is a list of important details that you will want to address with your insurance company's customer service agent in order to verify whether your visit with a Registered Dietitian will be covered.

- ✓ **Idaho Nutrition Associates and our Registered Dietitians** are in-network providers with most insurance plans. However, it is always worthwhile to confirm that your dietitian and/or Idaho Nutrition shows up in your network of providers.
  - Your insurance may ask for:
    - Idaho Nutrition Associates Tax ID number: **82-1672275**
    - The name of the Registered Dietitian that you'll be working with
- ✓ Request benefit details for the following procedure codes:
  - Medical Nutrition Therapy
    - **97802** for the initial visit
    - **97803** for all follow-up visits
  - If you have diabetes, please request benefit details for the following procedure codes, in addition to those listed above.
    - **G0108** for Individual Diabetes Self-Management
    - **G0109** for Group Diabetes Self-Management
- ✓ Ask if your benefits are subject to:
  - Your deductible
  - A copay (if so, what is the copay?)
- ✓ Are there a limited number of visits per benefit year?
- ✓ Are there any limitations or exclusions – such as type of diagnosis? For instance, do they exclude any particular health issues?
- ✓ What types of conditions will they cover? (Some may only allow certain conditions such as diabetes, heart disease or eating disorders. Others may include most conditions as long as there is medical necessity. Others may allow any visits as part of wellness/prevention benefits.)
- ✓ Does your plan require a referral or prior authorization?
- ✓ **Very important:** document the date, name of the agent who helped you and ask for a reference or confirmation number for the call.
- ✓ Please don't hesitate to reach out if you have any questions.

*If you find that you do NOT have benefits through your medical insurance, please know that we offer a generous discount to our cash-paying patients.*